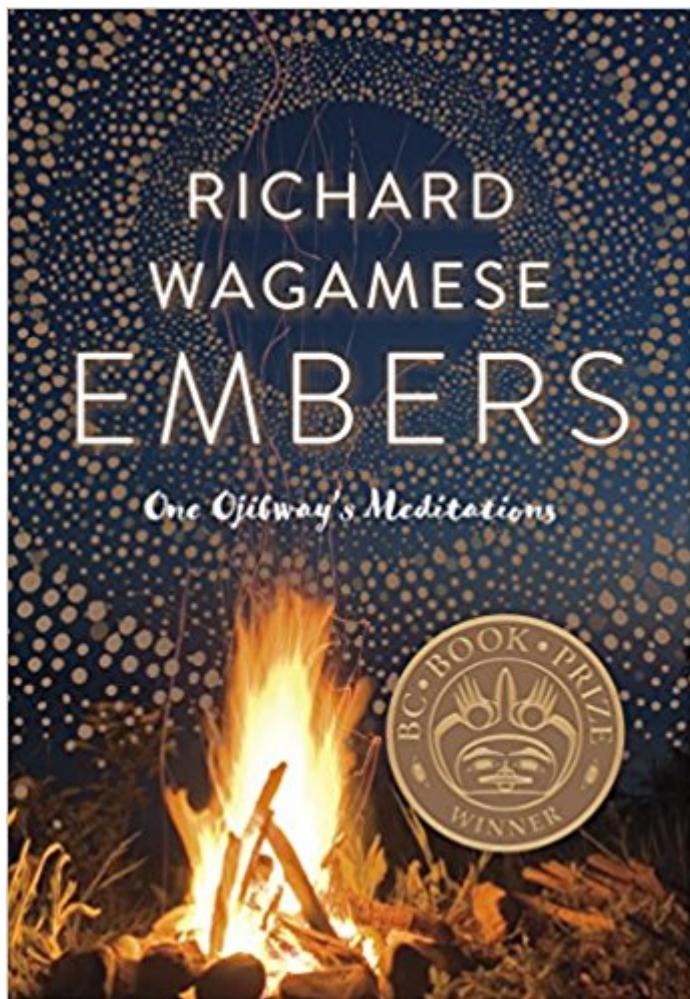


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Embers: One Ojibway's Meditations



Synopsis

"Life sometimes is hard. There are challenges. There are difficulties. There is pain. As a younger man I sought to avoid them and only ever caused myself more of the same. These days I choose to face life head on; and I have become a comet. I arc across the sky of my life and the harder times are the friction that lets the worn and tired bits drop away. It's a good way to travel; eventually I will wear away all resistance until all there is left of me is light. I can live towards that end." *Richard Wagamese, Embers* In this carefully curated selection of everyday reflections, Richard Wagamese finds lessons in both the mundane and sublime as he muses on the universe, drawing inspiration from working in the bush; sawing and cutting and stacking wood for winter as well as the smudge ceremony to bring him closer to the Creator. *Embers* is perhaps Richard Wagamese's most personal volume to date. Honest, evocative and articulate, he explores the various manifestations of grief, joy, recovery, beauty, gratitude, physicality and spirituality; concepts many find hard to express. But for Wagamese, spirituality is multifaceted. Within these pages, readers will find hard-won and concrete wisdom on how to feel the joy in the everyday things. Wagamese does not seek to be a teacher or guru, but these observations made along his own journey to become, as he says, "a spiritual bad-ass," make inspiring reading.

Book Information

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Customer Reviews

Richard Wagamese is one of Canada's foremost First Nations authors and storytellers. He is the author of thirteen books including *Indian Horse*, the People's Choice winner in the Canada Reads

competition. He holds Honorary Doctor of Letters degrees from Thompson Rivers University and Lakehead University. He lives in Kamloops, BC.

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